

## Newbern Reopening Plan 2022 Stage 5

This plan is written mainly with meetings at the church building in mind, but the principles reflected in it may also apply to in-person meetings in other settings, such as homes. All activities can resume to be in-person. Participation in any activity is always discretionary. If you do not feel safe enough to meet, please continue to use the available online options or call one of the pastors for pastoral care and spiritual support. Each reopening stage is subject to the restrictions of the latest Provincial Health Order.

### General guidelines for participants:

1. Do not attend a gathering if you have been tested positive for COVID in the last 5 days (You may attend meetings 5 days after the first day of testing positive, provided you no longer have symptoms and test negative before attending)
2. Even if you have been in close contact with a confirmed COVID patient in the last 5 days, you may still attend meetings without delay provided you do not have symptoms and test negative before attending
3. Do not attend a gathering if you have been advised to self-isolate or quarantine in the last 5 days
4. If possible, do not attend a gathering if you have symptoms of a communicable disease
5. It is recommended to wash hands or apply sanitizer when entering and before leaving the meeting place
6. Masks are recommended inside the church when others are present
7. Avoid close physical contact like hugging and handshaking; wave and greet instead
8. Practice proper coughing and sneezing etiquette
9. Avoid touching your face
10. Notify the church if one is tested positive for COVID-19 after attending a meeting in person
11. Bring personal water bottle and not use the water dispenser at church

### General guidelines for preparation of meeting venues:

1. Groups need to notify the church Administrative Assistant of their intent to use an assigned space at least one week ahead.
2. Sanitize high-touch surfaces each week
3. Provide sanitizer (and masks if available) at entrances
4. Make use of outdoor space as much as possible, and ensure good ventilation in each meeting space (Keep doors and windows open as much as possible)
5. Food sharing activities for up to 20 people may be held with precautions in place, such as designated servers, and gloves and masks for servers (the Elder Board will decide on a case-by-case basis for events exceeding 20 people)

### General guidelines for staff:

1. Option to work from home remains open except for one day each week, and that at least one person must be at church from Tuesday to Friday
2. Masks are optional

## 福群堂分階段重啟計劃 5

(中文翻譯以英文版本為準)

《福群堂分階段重啟計劃》主要是考慮到在教會堂址所舉行之聚會而編寫的，但其中的原則亦可能適用於其他聚會地方（例如家居）的實體聚會。所有教會活動都可以回復實體進行。每位參與者可按其個人情況考慮是否適合參加實體教會活動。如果您覺得安全感不足，暫不想進行實體聚會，可維持使用在網上聚會，或須要時致電牧者尋求關顧和屬靈幫助。每一階段重啟計劃必須合乎省衛生廳，當時最新的指引及限制。

### 參加聚會人士的一般指引：

- 1) 如果您過去 5 天內曾被確診有新冠肺炎，請勿參加聚會。（若確診 5 天後無症狀並測試呈陰性即可參加聚會）
- 2) 即使您過去 5 天內曾與確診者有密切接觸，若無症狀並測試呈陰性即立刻可參加聚會。
- 3) 如果您過去 5 天內曾被要求自我隔離，請勿參加聚會。
- 4) 如果您有傳染病症狀，盡可能避免參加聚會。
- 5) 進入及離開教會時，建議先洗手或使用消毒液。
- 6) 當其他人在場時，建議在教堂內佩戴口罩。
- 7) 避免有密切的身體接觸，如擁抱和握手，請以揮手方式打招呼。
- 8) 咳嗽和打噴嚏時應保持適當措施及禮儀。
- 9) 避免用手觸摸臉部。
- 10) 參加實體聚會後如果新冠肺炎檢測呈陽性，請即通知教會。
- 11) 請自備個人水瓶，避免使用教會飲水機。

### 預備教會聚會場地一般指引：

- 1) 團契或小組如要使用教會指定地點聚會，要至少在一週前通知教會行政助理。
- 2) 每週在頻繁接觸的地點及物品表面進行消毒。
- 3) 在教會入口處提供消毒洗手液（如有供應，提供口罩）。
- 4) 應優先考慮在室外聚會，如在室內聚會要確保室內空氣流通（盡量保持門窗開啓）。
- 5) 二十人以下的聚會可以分享食物，但須要有衛生措施，例如有佩戴口罩和手套的專人分派食物。（二十人以上的聚餐活動須要長議會個別批准。）

### 教會同工一般指引：

- 1) 除每週在教會辦公一天，並確保週二至週五都至少有一位同工在教會外，可選擇留家工作。
- 2) 選擇性佩戴口罩。